Health Indicators
Health Indicators

"Over 80 indicators measure the health of the Canadian population and the effectiveness of the health care system. Designed to provide comparable information at the health region and provincial/territorial levels (...)"

Access the indicators:

- By going to the most recent release date on the health indicator's page, clicking on "Table of contents" and then selecting "Data tables and definitions".

Quick groupings of indicators:

- CIHI's Health Indicators Interactive Tool.
- Stat Can data table 13-10-0113-01 of health characteristics by health regions.
- Stat Can data table 17-10-0086-01 of population estimates by health regions.
A Citizen’s Guide to Health Indicators
A Reference Guide for Canadians
Most recent health indicators grouped by theme.

- The "newer" indicators are identified with a "1".
- When given options between different tables within a given indicator, be aware that data might be from different years.
- When looking at an interactive data table, check the footnotes to make sure that you have the most recent version available.
If CIHI says that there is no data for your chosen indicator(s), try selecting more than one level of geography (i.e. Newfoundland and Labrador + associated health regions), grab all the years, and make sure to click on "Both" for Sex even if you want subcategories.
Review Stat Can data table slides: remember to look at "Add/Remove data".
Estimates of population (2011 Census and administrative data), by age group and sex for July 1st, Canada, provinces, territories, health regions (2017 boundaries) and peer groups

Table: 17-10-0086-01 (formerly CANSIM 109-5365)

**Total, all ages**

<table>
<thead>
<tr>
<th>Geography</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Canada</td>
<td>35,152,370</td>
</tr>
<tr>
<td>Newfoundland and Labrador</td>
<td>527,399</td>
</tr>
<tr>
<td>Prince Edward Island</td>
<td>145,198</td>
</tr>
<tr>
<td>Nova Scotia</td>
<td>943,049</td>
</tr>
</tbody>
</table>

**Community and health system characteristics**

These measures provide useful contextual information, but are not direct measures of health status or the quality of health care.

**Community**

Characteristics of the community or the health system that, while not indicators of health status or health system performance in themselves, provide useful contextual information.

- Population estimates
- Population distribution by size of population centre
- Population density
- Dependency ratio
- Aboriginal population
- Immigrant population
- Internal migrant mobility
- Metropolitan influenced zones (MIZ)
- Lone-parent families
- Visible minority population